



2020-2021 FOUNDATIONS & COLLEGE PREP Programs

Dianne Brudnicki's School of Art and Innovation

VISION AND PHILOSOPHY

Preparation for success in the real world can be an abstract and overwhelming goal when you are in your teen years looking toward your future. In our Foundations and College Prep programs, we use the college preparation process to mentor students to become independent thinkers and problem solvers, focusing on vision and goals. We help them develop the tools to evaluate and direct their own lives and make good decisions. We focus on personal development in communication, networking abilities, time management and more. These are the tools one needs to attract and create the best opportunities for your future; therefore, we believe investing your time, energy and resources in these programs is a worthwhile long-term investment.

This past year we had 14 students who collectively were offered Merit Scholarships totaling over \$2.5 million from a variety of colleges and design schools, including elite Ivy Leagues. This is primarily because our students started the process years before the application submissions began; they consistently worked hard; they had a clear sense of self which allowed them to show the colleges their potential; and Art & Design students had strong portfolios that were unique. In the application process, they stood out from other candidates because of their strong identity and purpose. This is what colleges are looking for. The value of our Foundations and College Prep programs is that we always keep this vision as the driving force behind all that we do.

Our program's Alumni have gone on to earn prestigious opportunities and awards in their schools, been selected for competitive internships with Fortune 500 companies, and have graduated to have employers competing for their employment. Currently, many are working in their field of expertise, continuing to use the skills that we worked so hard to cultivate during their time in the program. In addition, a bonus is that it is a community that continues well beyond their time here. Alumni often return to the School of Art and Innovation to impart their knowledge and experiences which are current to today's marketplace. Over the years, this has proven to be extremely beneficial to both the alumni and students. The community that is formed through the years of hard work together in the program have shown time and again to be of immeasurable value. Being in this program is a lifetime membership with the benefits of lifelong support and ongoing connections with the real world which they once found so distant. We would love to have you join us in this venture.

OVERVIEW of PROGRAMS & SERVICES

PROGRAMS

- Identity Foundations**
- College Prep - Level 1**
- College Prep - Level 2**

TARGET AGE

- 9th or 10th grade year (even 11th grade if you plan to take a Gap Year after HS graduation)
- During 11th grade year (or during 12th grade if planning to take a Gap year after HS graduation)
- Start summer before 12th grade year (or summer after if planning to take a Gap year)

SERVICES

- Identity Mapping**
- Private Consultation**
- Essay Editing/Consultation**

TARGET AGE

- 9th grade through Adult. 2-3 hour private Identity Mapping session with Dianne to identify specific characteristics, patterns and passions of an individual. This gives guidance in choosing activities and endeavors that fit a long-range vision for your life. This service is included as part of the Identity Foundations program or for \$375 one can benefit from it as a stand-alone service.
- \$120/hour. One hour minimum and then billed in 15-minute increments after that. This can be performed in person in the Studio or by phone or video call. For scheduling information, please email us at classes@artandinnovate.com.

PLEASE NOTE: All dates listed for these programs are subject to change. Please confirm final dates by emailing us or checking our online calendar: www.artandinnovate.com/calendar.

IDENTITY FOUNDATIONS PROGRAM (9th - 10th)

FOUNDATIONS OVERVIEW

Student age: 9th, 10th (or even 11th grade)*

Structure: 4 Group Workshops (Sundays 1:00-6:00pm) + Identity Mapping + Year-end Family Consultation

Dates: Jan.10 - Student Group Workshop #1 "Identity Foundations"

Feb. 7 - Student Group Workshop #2 "Vision & Goals"

Feb. 28 - Student Group Workshop #3 "Extra-Curricular + Strategic Plan"

January, TBS - One-on-one Identity Mapping session

Mar.4, 6:30pm - Parent/Student Group Workshop "Scholarship & College Financial Strategies"

March, TBS - Final parent/student Private Consultation to recap year and discuss plan moving forward

Prerequisites: None

Cost: \$850 / yearly flat rate (includes supplies)

\$30 non-refundable registration fee is due with your application and full tuition payment is due on the first meeting of your designated program.

*9th grade is the optimal year to enroll in Identity Foundations. By the end of the program, students have gained a much clearer sense of identity which will in turn help guide them as they choose their 10th grade classes but 10th grade is also appropriate time to enroll. Even 11th grade is appropriate if you are someone who plans to defer college enrollment to take a gap year after HS graduation or if you simply want to get more direction for future options without seeking a four-year degree.

FOUNDATIONS DETAILS

The program first meets in January 2021 and ends in March 2021. In all, there are 4 Group Workshops, 1 Identity Mapping session + a private family year-end Consultation (the latter two are scheduled at a mutually agreed upon time).

Attendance is mandatory for all hours of each workshop for students. Parents are encouraged to attend the March Group Workshop and the March Consultation, as well as partial attendance at the end of the Identity Mapping session in January.

Topics covered include:

- Identity research and Identity Mapping

- Learn how to create a vision statement with short and long-term goals based on their discoveries regarding identity

- Discussion of developing a community service or special project

- Introduction to FAFSA, scholarship strategies and financial planning for college

- Career Research based on individual strengths and motivators

Enrollment in the program also includes a **lifelong membership** in the supportive and uplifting community of SAI Alumni.

FOUNDATIONS FOLLOW UP SERVICES

After the completion of the program, if you would like to get additional feedback or help regarding college or career choices, you can schedule a private consultation with Dianne. Dianne's consultation rates are \$120 for the first hour and then billed in 15-minute increments after that. This can be performed in person at the Studio or by phone or video call. The meeting can be with the student only, parent(s) only, or all together. If you would like to set something up, please email us at

classes@artandinnovate.com.

COLLEGE PREP - Level 1 (Junior Year)

CP-1 OVERVIEW

- Student age:** 11th or 12th grade (Collegebound Fall 2022)*
- Structure:** Three 2-day Intensives, Saturdays 12:00-5:00pm + Sundays 2:00-6:00pm
- Dates:** **Oct.17-18** "Vision & Branding + National College Fair Prep"
Nov.14-15 "College Research & Networking + National College Fair Debrief"
Mar.6-7 "Common App & Essays"
Must be able to attend all hours of each Intensive. Makeup sessions will be charged at min. of \$200
- Cost:** **\$1200 / yearly flat rate** (includes supplies)
\$30 non-refundable registration fee is due with your application and **full tuition payment** is due on the first meeting of your designated program.
- Prerequisites:** **Identity Mapping** (if you have not had one, you must schedule one at least 3 weeks prior to first Intensive)
Identity Foundations Program OR must schedule minimum of **2 private consultations** at least 5 weeks prior to the first Intensive. These will be billed at Dianne's hourly rate of \$120/hr (min. 2 hours expected).

*For most, 11th grade is the year to participate in the CP-1 program. This program is also appropriate for those in their 12th grade year if they plan to take a gap year after high school graduation.

CP-1 DETAILS

CP-1 Intensive A - Vision & Branding + National College Fair Prep

Oct.17-18, 2020, Sat.12:00-5:00pm & Sun. 2:00-6:00pm. Must attend all hours of all sessions. No partial attendance allowed.

Topics covered -

- Development of a vision statement and learning to build an authentic profile
- Delve into the how-to's of college research
- Develop a college action plan with accountability framework
- Evaluate extra-curricular activities and community service or special projects
- Prepare for National College Fair (Oct.30-31, 2020)
- Research 2 colleges and prepare questions for NCF and Info Sessions

CP-1 Intensive B - College Research & Networking + National College Fair Debrief

Nov.14-15, 2020, Sat.12:00-5:00pm & Sun. 2:00-6:00pm. Must attend all hours of all sessions. No partial attendance allowed.

Topics covered -

- Review National College Fair experience
- Dive deeper into college research and strategies for college networking
- Learn how to evaluate and determine potential college(s) that best fit the individual and their goals
- Develop plans for college visits | Discuss how to research internships and how to prepare for them

CP-1 Intensive C - Common App & Essays

Mar.6-7, 2021, Sat.12-5:00pm & Sun. 2-6:00pm. Must attend all hours of all sessions. No partial attendance allowed.

Topics covered -

- Introduction to the Common Application (Common App) | Essay development for the Common App
- Discuss Supplemental Essays & Short Answer Questions
- Go over essay prompts and start first draft of answers. We will get started on some essays and answers during the Intensive, but students will need to complete those on their own in the following weeks and months*.
- NOTE: *Also included in this Intensive is a 30 minute follow up with Dianne by phone after the student has completed their first draft of the Common App essay. Beyond that, Dianne is available for private consultation for essay editing or advice at her hourly rate of \$120/hour. Email classes@artandinnovate.com for scheduling information.

Enrollment in CP1 also includes complimentary access to the following:

- 'Scholarship & College Financial Strategies'** Workshop on Mar.18, 2021 for students and parents
- Lifelong membership** to the supportive and uplifting community of SAI Alumni

COLLEGE PREP - Level 2 (Senior Year)

CP-2 OVERVIEW

- Student age:** 12th grade or after HS graduation if taking a gap year (Collegebound Fall 2021)*
- Structure:** One 8-day Core Intensive and two 1-day Intensives,
- Dates & Cost:** Aug. 18-21, 24-27 8-day Core Intensive, 12:00-6:00pm Tue-Fri, Mon-Thurs.
Oct. 11, 12:00-6:00pm Sunday "National College Fair Prep"
Nov. 8, 12:00-6:00pm Sunday "National College Fair Debrief + College Networking and Strategizing"
Must be able to attend all hours of each Intensive. Makeup sessions will be charged at min. of \$200
- Cost:** \$2400 / yearly flat rate (includes supplies)
\$30 non-refundable registration fee is due with your application and full tuition payment is due on the first meeting of your designated program.
- Prerequisites:** Identity Mapping (if you have not had one, you must schedule one at least 3 weeks prior to Core Intensive)
College Prep-Level 1 OR must schedule minimum of 2 private consultations at least 5 weeks prior to the Core Intensive. These will be billed at Dianne's hourly rate of \$120/hr (min. 4 hours expected).
Gather info/complete 'Prep for Core' pages in advance of Core Intensive (emailed to you in advance)

*For most, 12th grade is the year to participate in the CP-2 program. It is also appropriate for those who just completed their 12th grade year and plan to take a gap year.

CP-2 PROGRAM DETAILS

CP-2 Core Intensive #1 (8 days / Tues-Fri, Mon-Thur)

Aug. 18-21, 24-27, 2020, 12:00-6:00pm on all 8 days. Must attend all hours of all sessions. No partial attendance allowed.

Includes the following:

- Fine-tune Vision Statement | Fine-tune resume development and personal branding; Set up LinkedIn account
- Finish entire Common Application | Complete Common App Essay; Begin work on Supplemental Essay for top college
- Discuss in depth the strategies for good essay writing | Analyze and understand how to work with college essay prompts
- Delve into college research | Practice interviewing for National College Fair
- Create/fine tune strategic plan for the year with a system of tracking college research, including deadlines and checklists
- Discuss misc. college details like applying for transcripts, requesting test scores and letters of recommendation*, etc.

CP-2 Intensive #2 - National College Fair Prep (1 day)

Oct. 11, 2020, Sun. 12:00-6:00pm, Must attend all hours of the session. No partial attendance allowed.

Topics covered -

- Prep for National College Fair (NCF) **Note: NCF is on Fri-Sat. Oct.30-31, 2020**
- Prep for Special Info Sessions in the area from colleges of interest
- Strategize reaching out to college counselors
- Learn how to highlight your authentic qualities that colleges are looking for

CP-2 Intensive #3 - National College Fair Debrief + Strategizing & Networking (1 day)

Nov. 8, 2020, Sun. 12:00-6:00pm. Must attend all hours of the session. No partial attendance allowed.

Topics covered -

- Post National College Fair review
- Confirm college choices and follow-up on applications
- Strategize focused networking to continue communication with colleges of interest
- Evaluate college costs vs. current budget / Match best college choice to match financial resources

Enrollment in CP2 also includes Complimentary access to the following:

- 'Scholarship & College Financial Strategies' Workshop on Mar.18, 2021 for students and parents
- Lifelong membership to the supportive and uplifting community of SAI Alumni
- Participation in the School of Art & Innovation's 'Senior Recognition Ceremony' at the end of the year